



Climate and Oceans Support  
Program in the Pacific

# ACCESS-S Workshop

**MODULE: Pacific climate drivers – focus on ENSO**





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## Topics in this module

- El Niño–Southern Oscillation (ENSO)
- (Madden–Julian Oscillation (MJO)) – covered by next speaker

### Expected learning outcomes

- Understanding of the main climate drivers that affect the Pacific

These outcomes are important for understanding and interpreting ACCESS-S outputs and products such as the tropical cyclone outlook and ENSO



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# El Niño – Southern Oscillation (ENSO)

**ENSO is the dominant driver of natural climate variability.**

**ENSO is strongly linked to the seasonal cycle; this is the source of the predictability.**

**El Niño** = broad scale **warming** of water in the central and eastern tropical Pacific Ocean.

**La Niña** = a broad scale **cooling** of water in the central and eastern tropical Pacific Ocean.

Rain often occurs over the warmest waters.



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# El Niño – Southern Oscillation (ENSO)

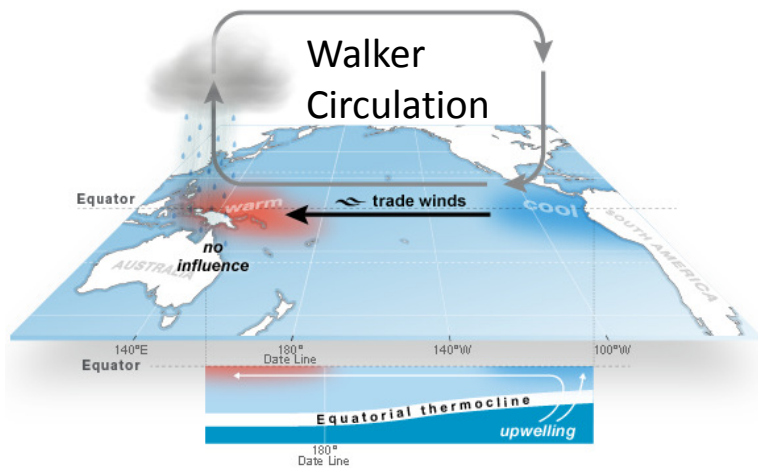




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# Circulation changes associated with La Niña

## Neutral

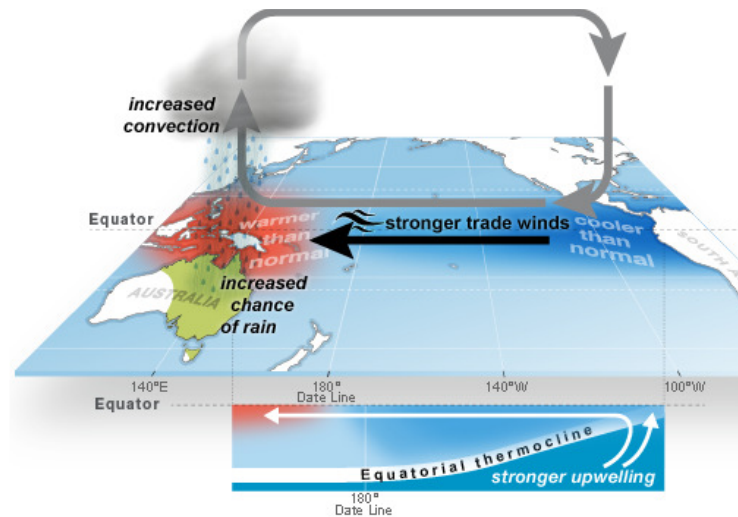


El Niño–Southern Oscillation (ENSO): **Neutral**

© Commonwealth of Australia 2013.

Warmer waters in the west,  
cooler waters in the east.

## La Niña



El Niño–Southern Oscillation (ENSO): **La Niña**

© Commonwealth of Australia 2013.

→ **Walker Circulation** becomes stronger and moves west during La Niña

→ Rain and cloud follows Western Pacific Warm Pool

→ Stronger trade winds increase upwelling in eastern Pacific.

→ Equatorial Pacific **Cold Tongue** develops and strengthens

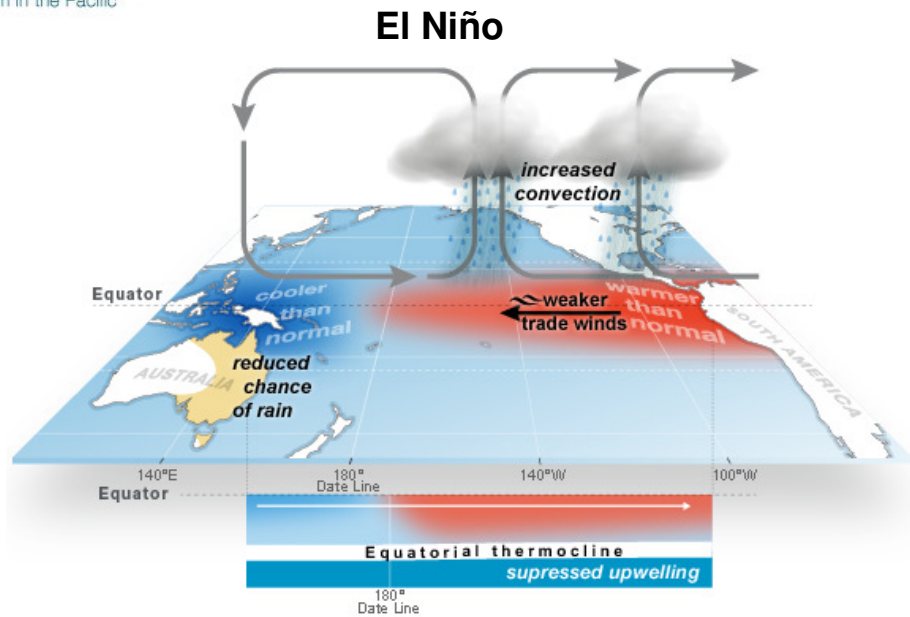
→ Bringing increased temperature contrast between west and east along the equator

→ Atmosphere and ocean act together in sync (**COUPLED**)



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# Circulation changes associated with El Niño

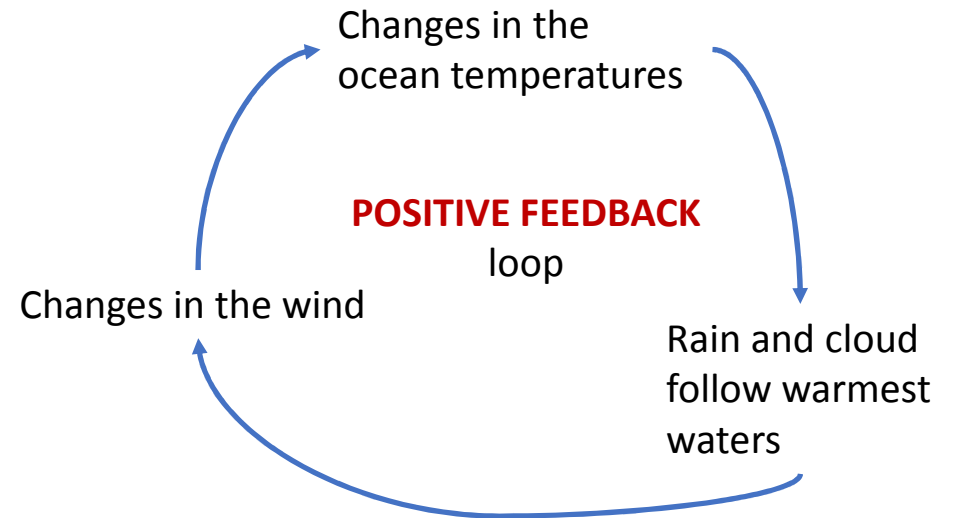


El Niño–Southern Oscillation (ENSO): **El Niño**

© Commonwealth of Australia 2013.

**Walker Circulation** weakens, moves east and sometimes reverses during an El Niño

The **Western Pacific Warm Pool** moves east, dragging the cloud and rain with it



ENSO events develop in autumn to winter and decay in summer.

ENSO lifecycle is a source of predictability in the Pacific.

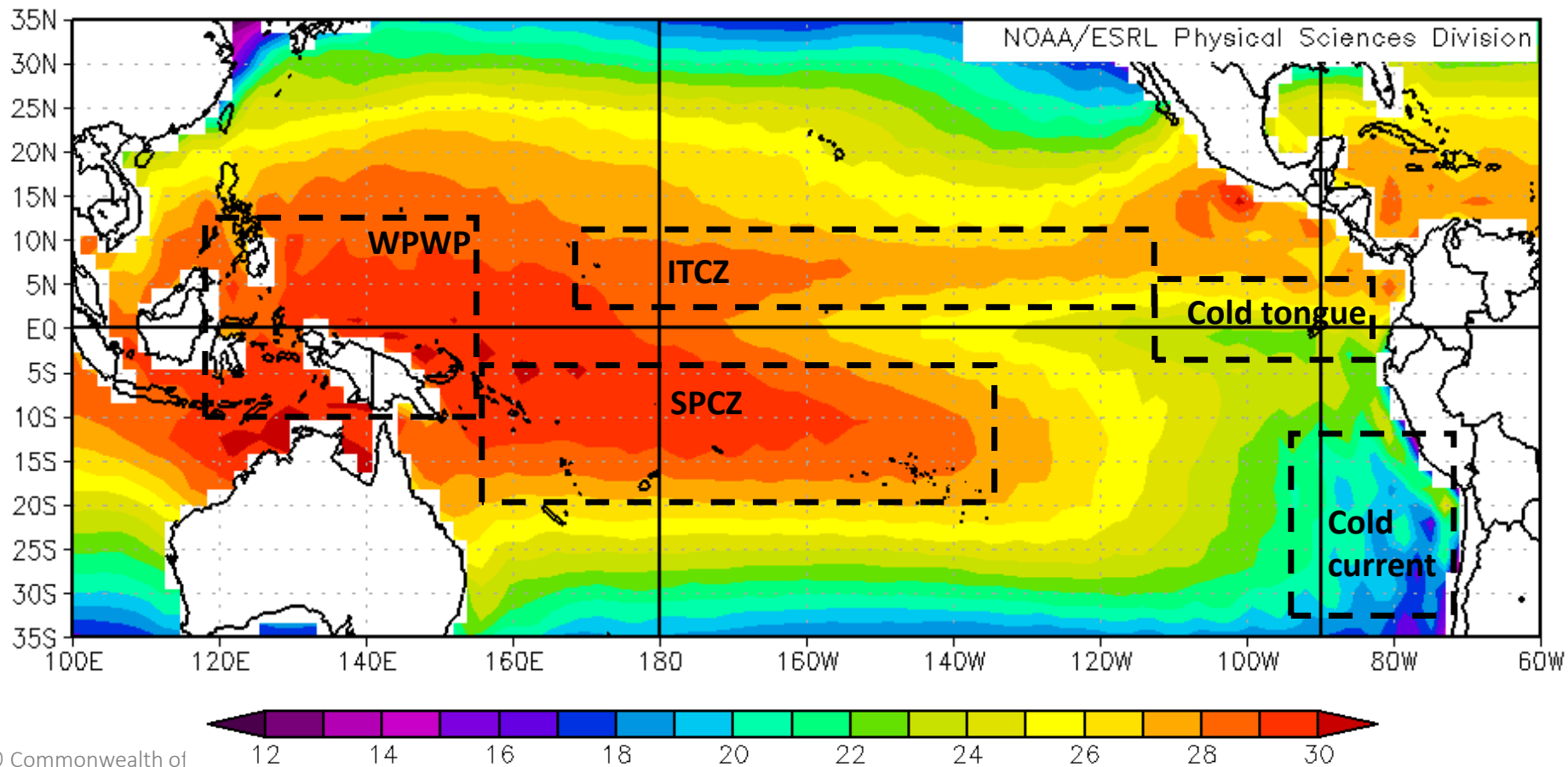


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# Average December Sea Surface Temperature (SST) pattern during a *neutral* ENSO phase

NCEP/NCAR Reanalysis

Surface Skin Temperature(SST) (K) Climatology 1981–2010 climo

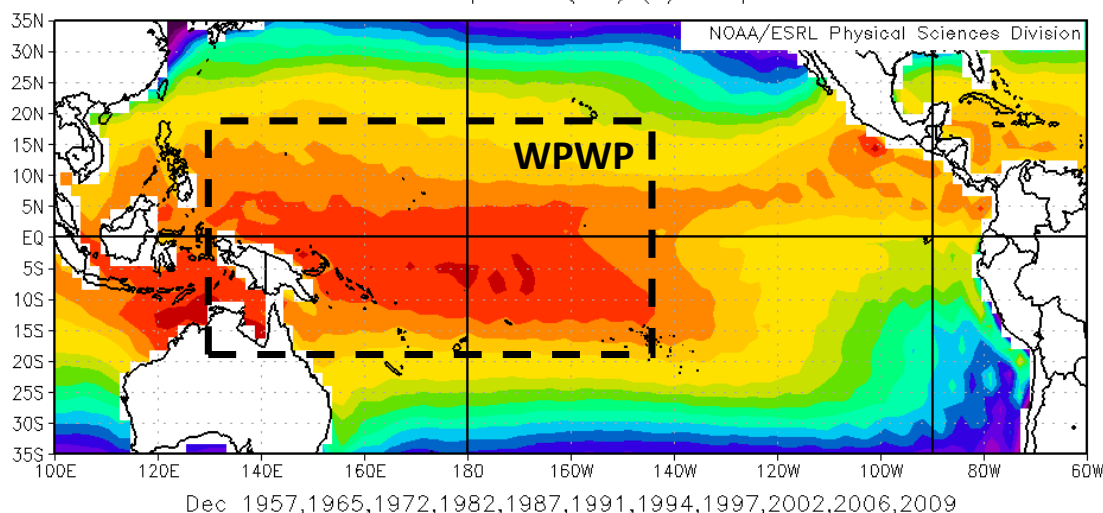




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# Average December Sea Surface Temperature patterns and anomaly during *El Niño*

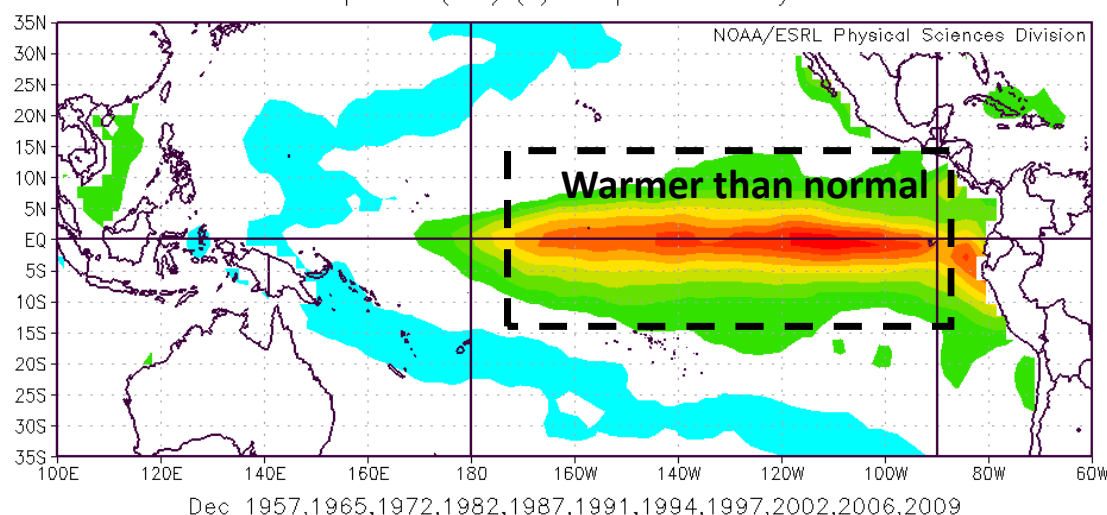
NCEP/NCAR Reanalysis  
Surface Skin Temperature(SST) (K) Composite Mean



**Western Pacific Warm Pool** has spread east into the central Pacific (29°C on equator east of 160°W)

Temperature difference between east and west equatorial Pacific is about 4°C

NCEP/NCAR Reanalysis  
Surface Skin Temperature(SST) (K) Composite Anomaly 1981–2010 climo



**Sea Surface Temperatures** in the central and eastern Pacific are typically **above normal**

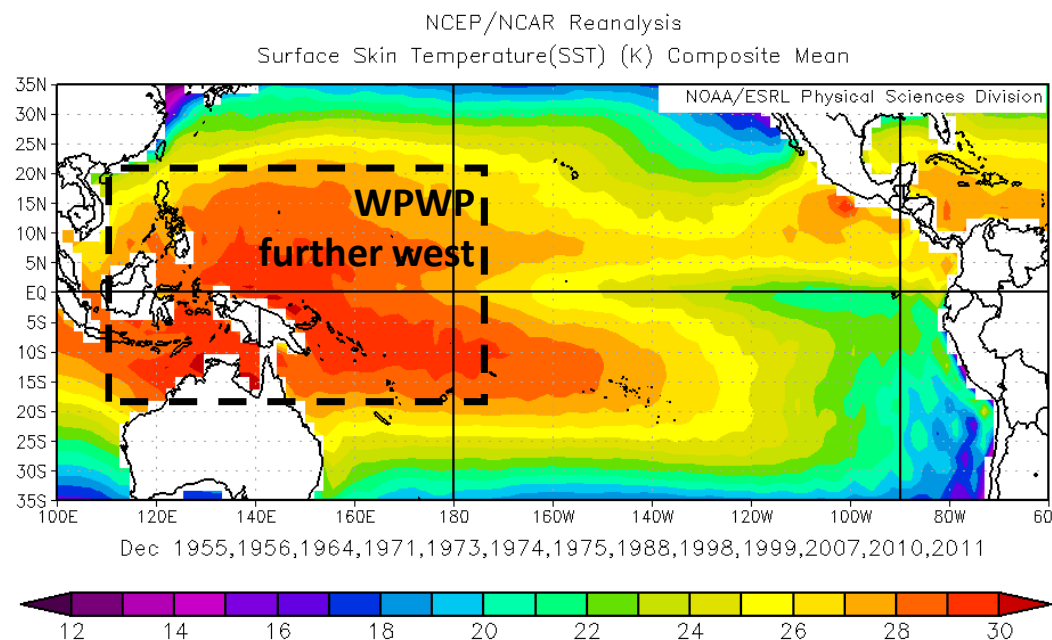
**Boomerang-shaped** region of **cooler water** to the west around the warm equatorial waters





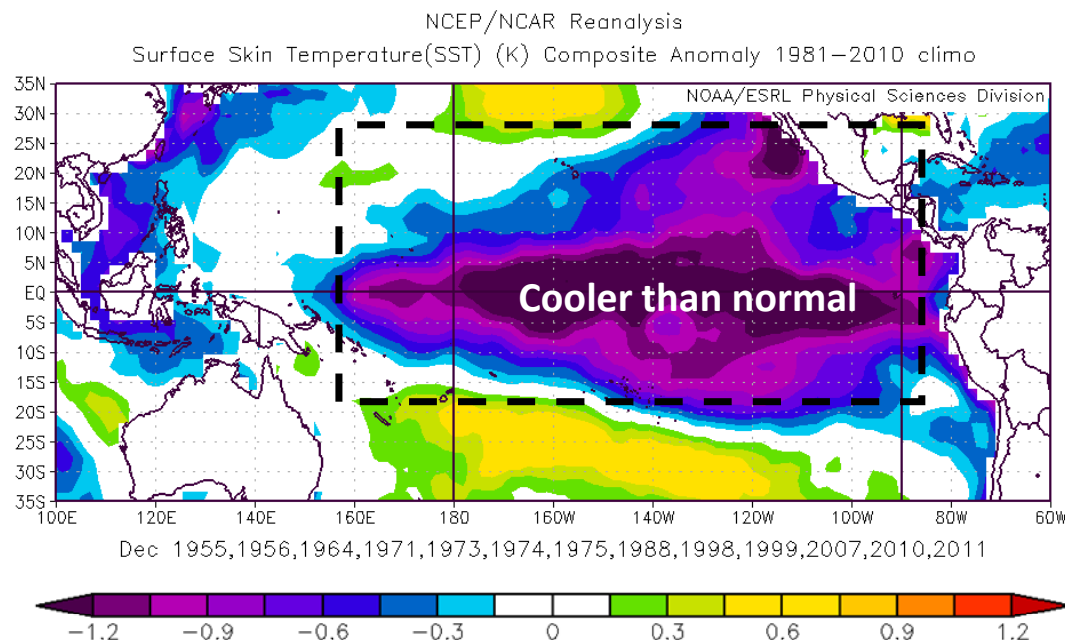
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# Average December Sea Surface Temperature patterns and anomaly during *La Niña*



**Western Pacific Warm Pool** has contracted to the far western Pacific. The water above 29°C on equator is more than 40° of longitude west compared to El Niño average.

Equatorial Pacific **Cold Tongue is stronger** and further west



**Sea Surface Temperatures** are typically **below normal** within about 15° of the equator, east of 160°E. Almost the reverse of El Niño but not symmetrical.

**Boomerang-shaped** region of **warmer water** wrapping around the cool equatorial waters

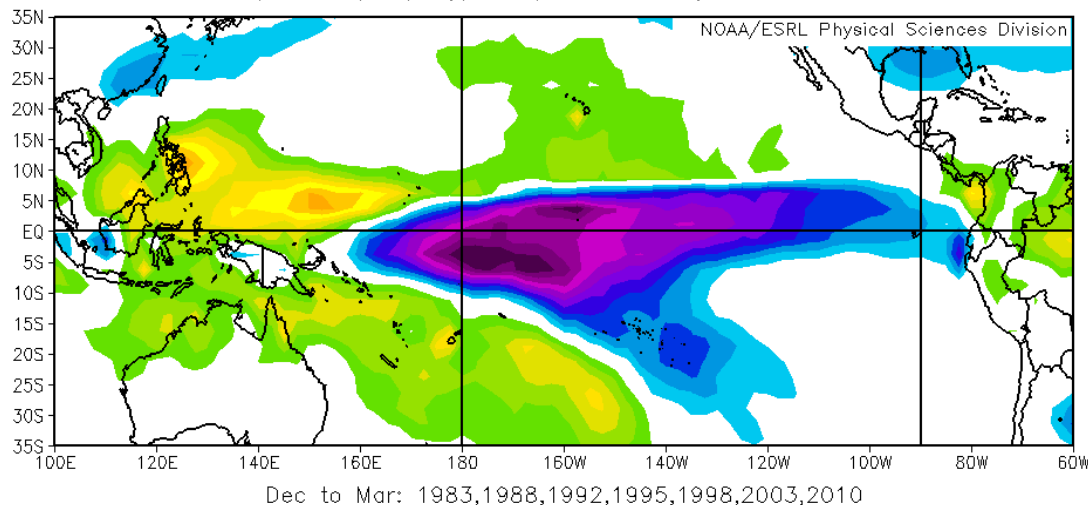


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# Average El Niño and La Niña rainfall patterns (mm/day) December - March

## El Niño

Precipitation (mm/day) Composite Anomaly 1981–2010 clima



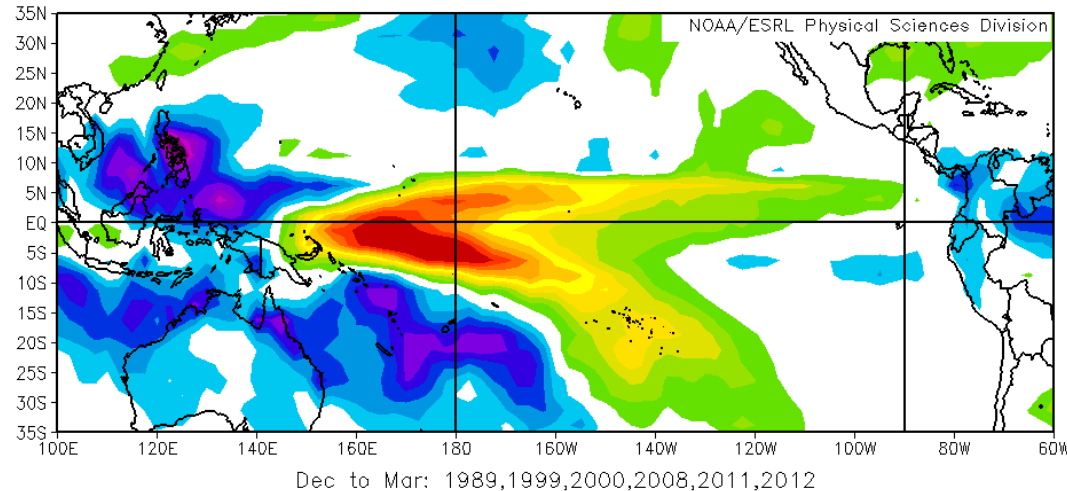
**Rainfall ↑** across the **equatorial Pacific** east of 160°E over the anomalously warm water

**Rainfall ↓** southwest and northwest Pacific, Maritime Continent and northern Australia

**ITCZ** is shifted **south**, **SPCZ** is shifted **northeast**

## La Niña

Precipitation (mm/day) Composite Anomaly 1981–2010 clima



**Rainfall ↓** across much of the **equatorial Pacific** east of 150°E over the anomalously cool water

**Rainfall ↑** southwest and northwest Pacific, Maritime Continent and much of Australia

**ITCZ** is shifted **north**, **SPCZ** is shifted **southwest**



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# El Niño – three different types La Niña – one type

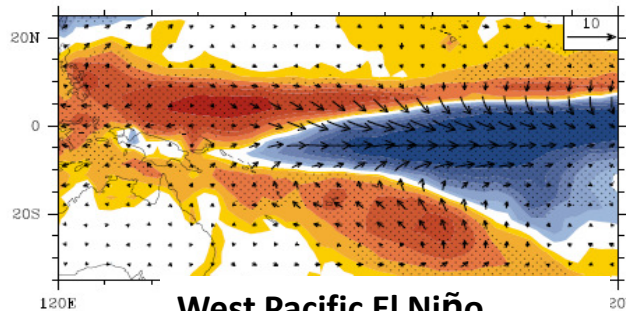
## East Pacific (classic) El Niño:

large 'wedge' of higher than normal rainfall emerging from South America coast with boomerang of low rainfall to the west

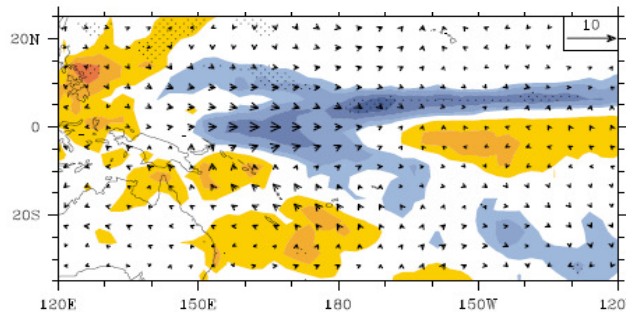
## West Pacific El Niño:

higher than normal rainfall extending further north and west than for central Pacific event. Generally the weakest of the 3 types.

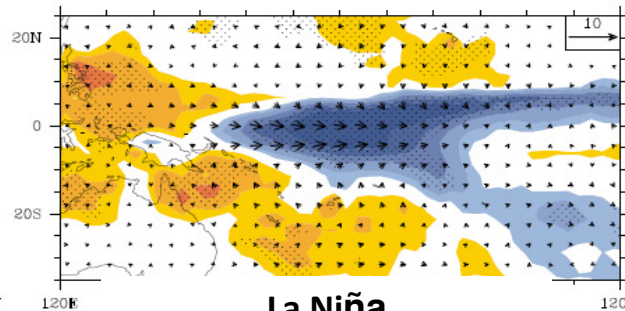
## East Pacific El Niño



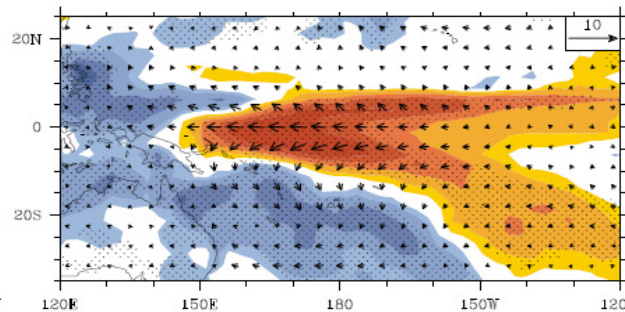
## West Pacific El Niño



## Central Pacific El Niño



## La Niña



**Central Pacific El Niño:** 'Modoki' El Niño with increased rainfall in the centre of the Pacific

**La Niña** generally has one form

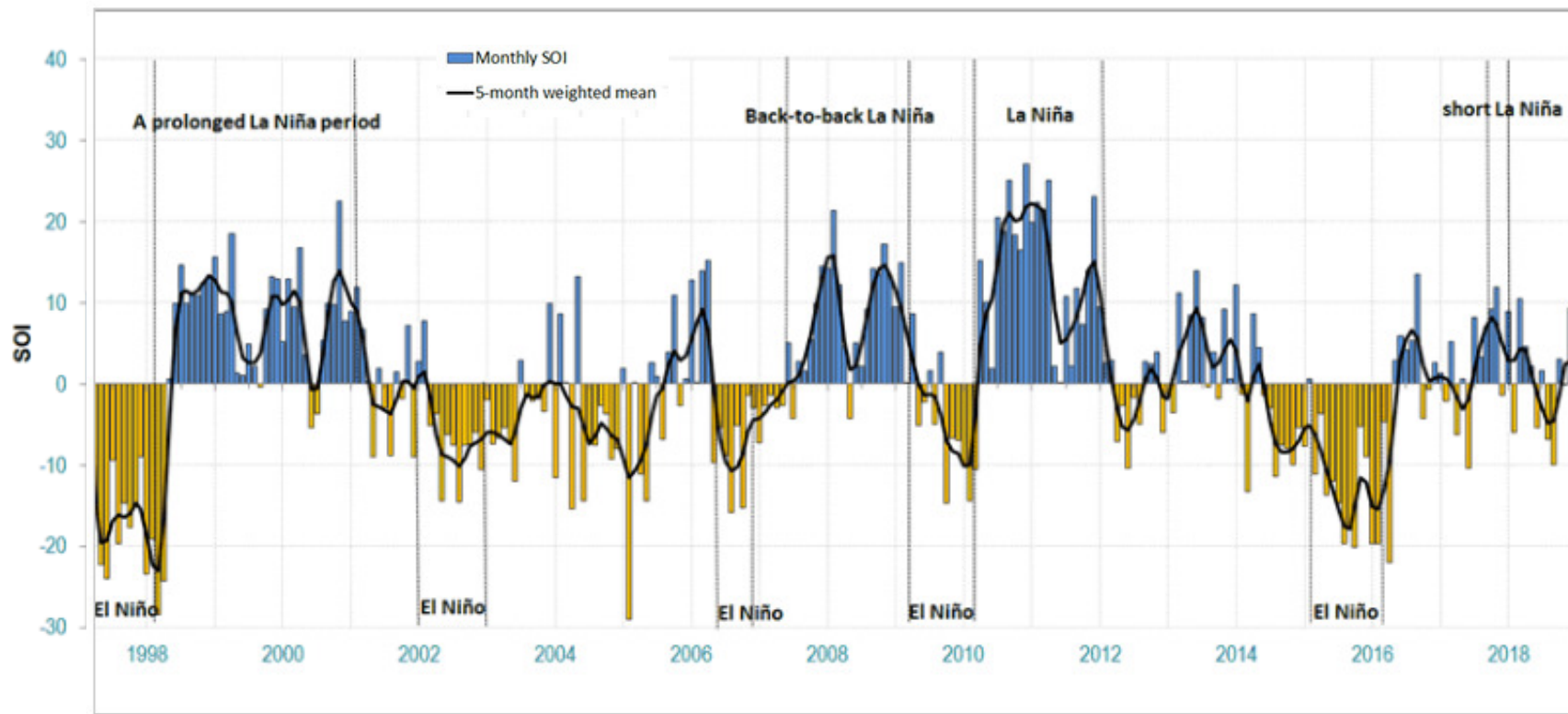
Figure 3: Mean Nov-Apr rainfall anomalies for the 3 El Niño types and for La Niña events. Arrows show the corresponding surface wind anomalies for Sep-Feb. Stippling denotes where the rainfall anomalies are statistically significantly different from zero at the 90% confidence level. Rainfall data are from the GPCP analysis and wind data are from the ERA-Interim reanalysis, 1979-2010.

**The type of ENSO event affects where rainfall will occur**



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# Tracking ENSO – Southern Oscillation Index (SOI)



Difference in air  
pressure between  
Tahiti and Darwin

SOI is a sign of the  
Walker Circulation

Sustained SOI of +7  
→ La Niña

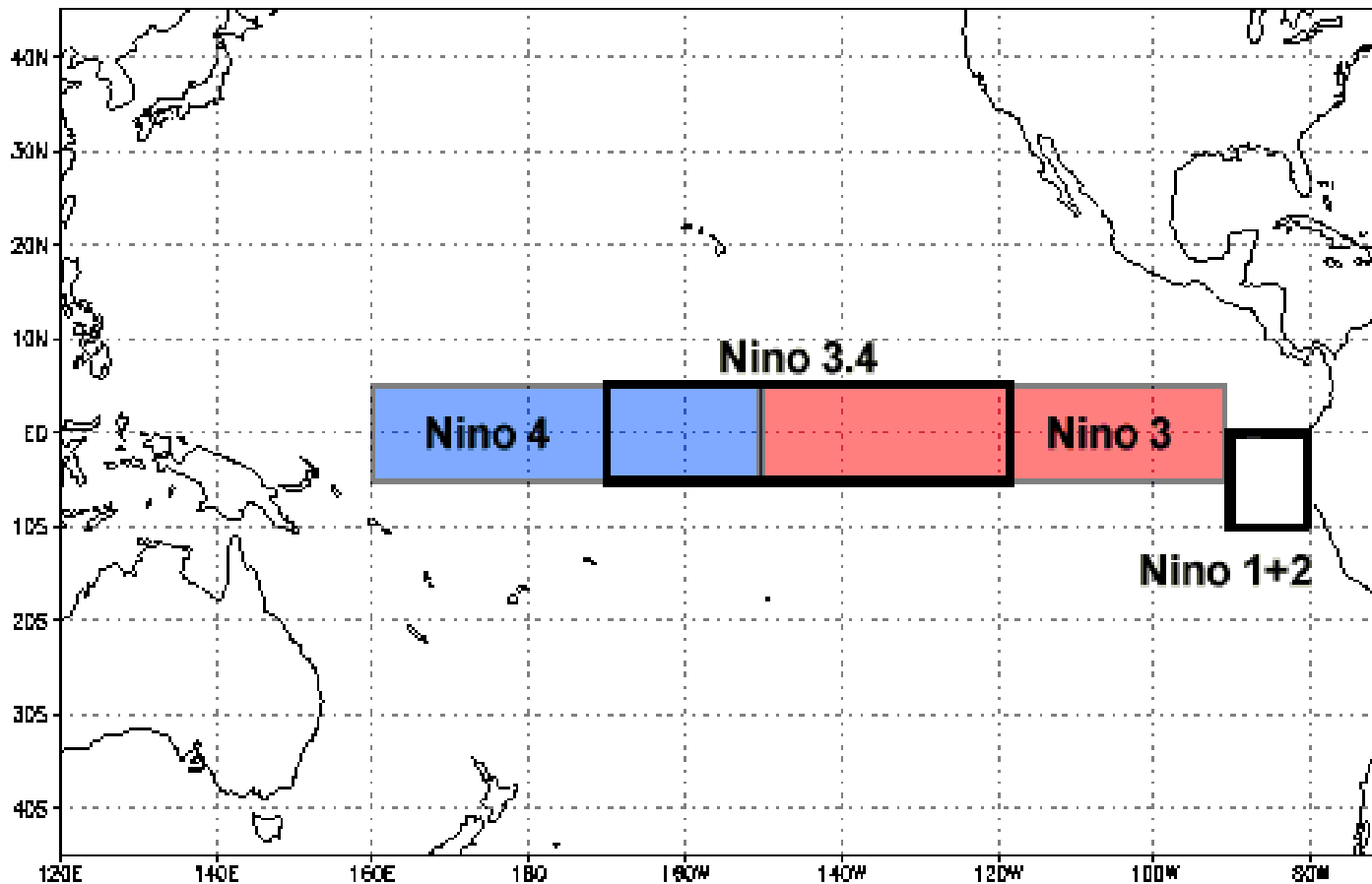
Sustained SOI of -7  
→ El Niño

Understanding SOI =  
understand ENSO  
event



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# Tracking ENSO – Sea Surface Temperatures (NINO Indices)



One way ENSO is monitored is by looking at particular areas of the Pacific Ocean

The **NINO indices** give a summary of the equatorial **Sea Surface Temperatures (SSTs)**, and the state of ENSO

The SST anomaly in the box is averaged.

**Thresholds** for El Niño and La Niña events are about **+0.8°C** and **-0.8°C** respectively, for **NINO3** and **NINO3.4**

**NINO3.4** is most commonly used for tracking ENSO

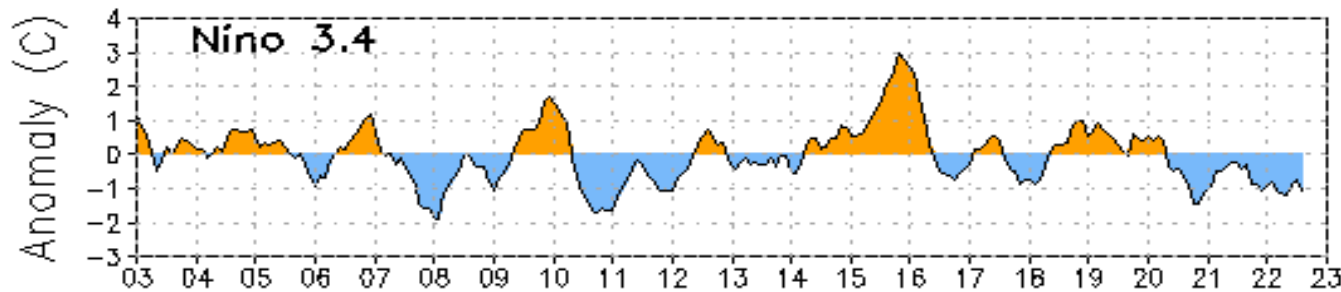




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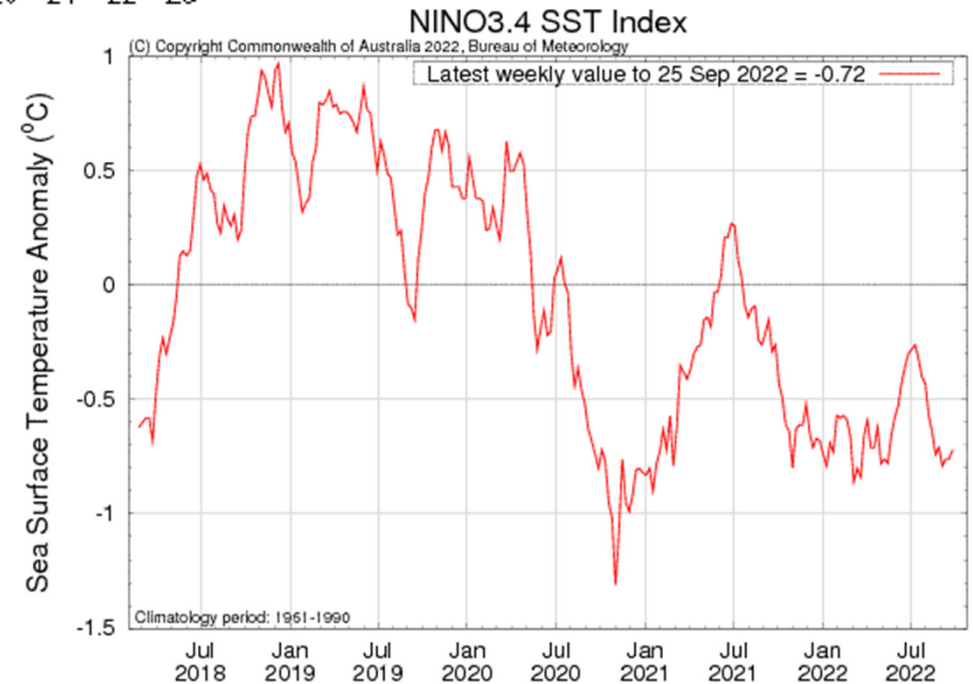
# Tracking ENSO – NINO Indices

NINO3.4 (2003 – 2022)



**Above (from NOAA-CPC):** gives long-term (20-year) perspective

**Right (from BoM):** gives recent (4-year) perspective



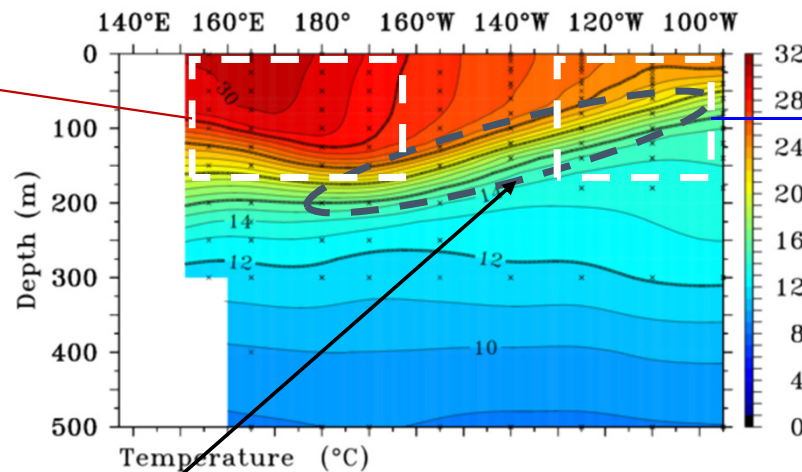


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# Tracking ENSO – Sub-surface temperatures

## ENSO *neutral*

Monthly Data January 2020  
2°S to 2°N Average



Warm waters  
*deeper* in west  
29°C at 100m  
depth

Warm waters  
*shallow* in east  
15°C at 100m  
depth

Strongest temperature gradient (i.e. isotherms are bunched together) is called the **thermocline** – the 20°C isotherm sits very close to the middle of the thermocline

**Thermocline:** is deepest in the west and shallowest in the east, so that it slopes upwards from west to east

**Sub-surface temperature profile from Global Tropical Moored Buoy Array**

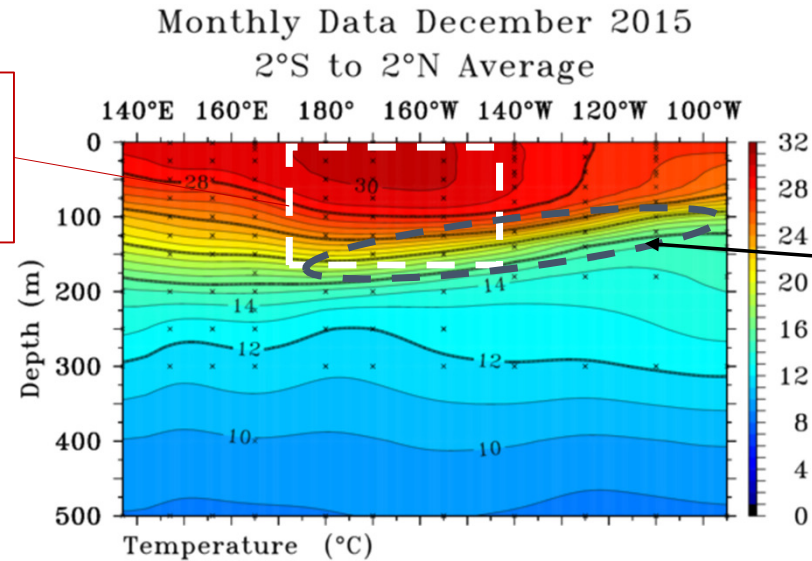


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# Tracking ENSO – Sub-surface temperatures

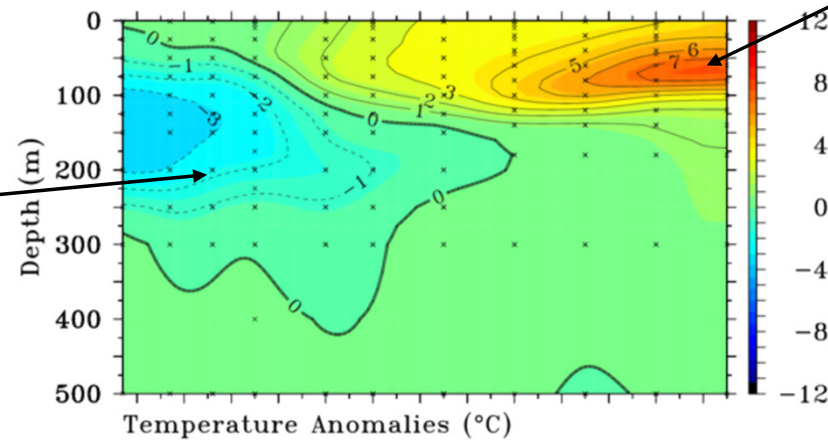
## *El Niño*

Warmest  
waters in  
central Pacific



**Thermocline** is **flatter than average** shallower in west and deeper in east. Warm water has moved into the eastern Pacific.

**Negative temperature anomalies** developing in the west and undercutting the positive anomalies are another typical sub-surface sign of El Niño



**Strong positive temperature anomalies** in the eastern Pacific are a typical signature of a mature strong El Niño

**Strong El Niño: December 2015**





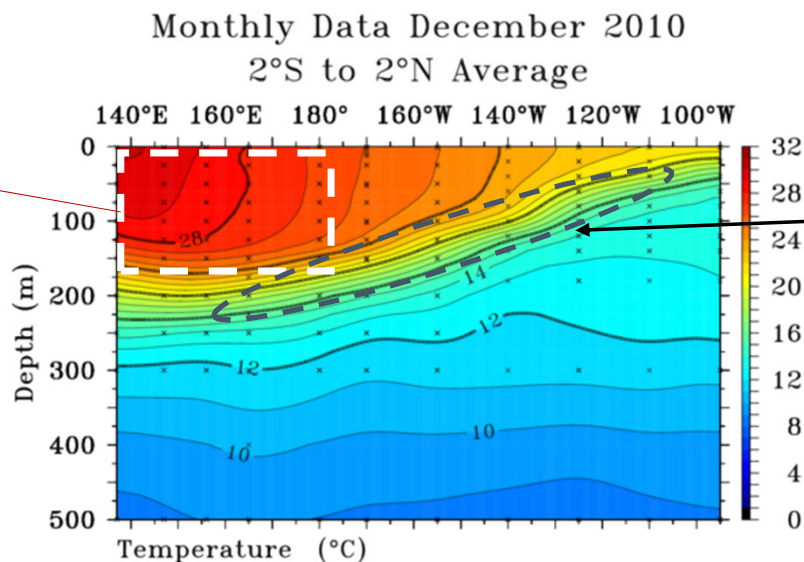
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# Tracking ENSO – Sub-surface temperatures

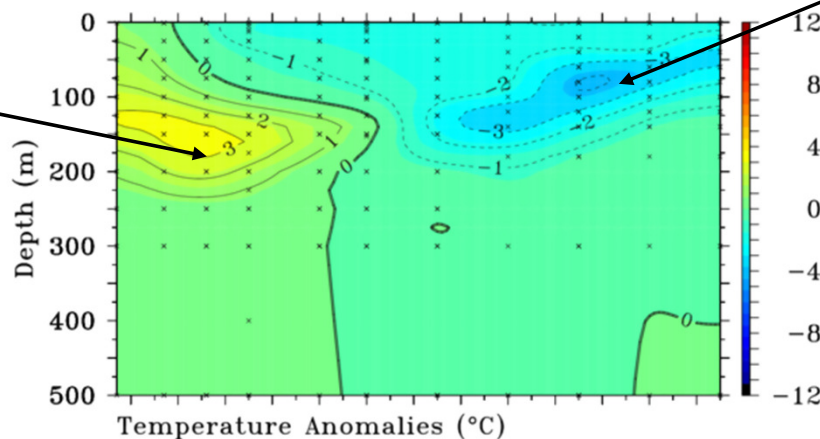
## La Niña

Warmest  
waters shifted  
to west

**Positive temperature  
anomalies** developing in the  
west and undercutting the  
negative anomalies are  
another typical sub-surface  
sign of La Niña



**Thermocline** is **steeper than  
average** deeper in west and  
shallower. Cool water is upwelling  
in east.



**Strong negative temperature  
anomalies** in the eastern Pacific are  
a typical signature of a mature  
strong La Niña



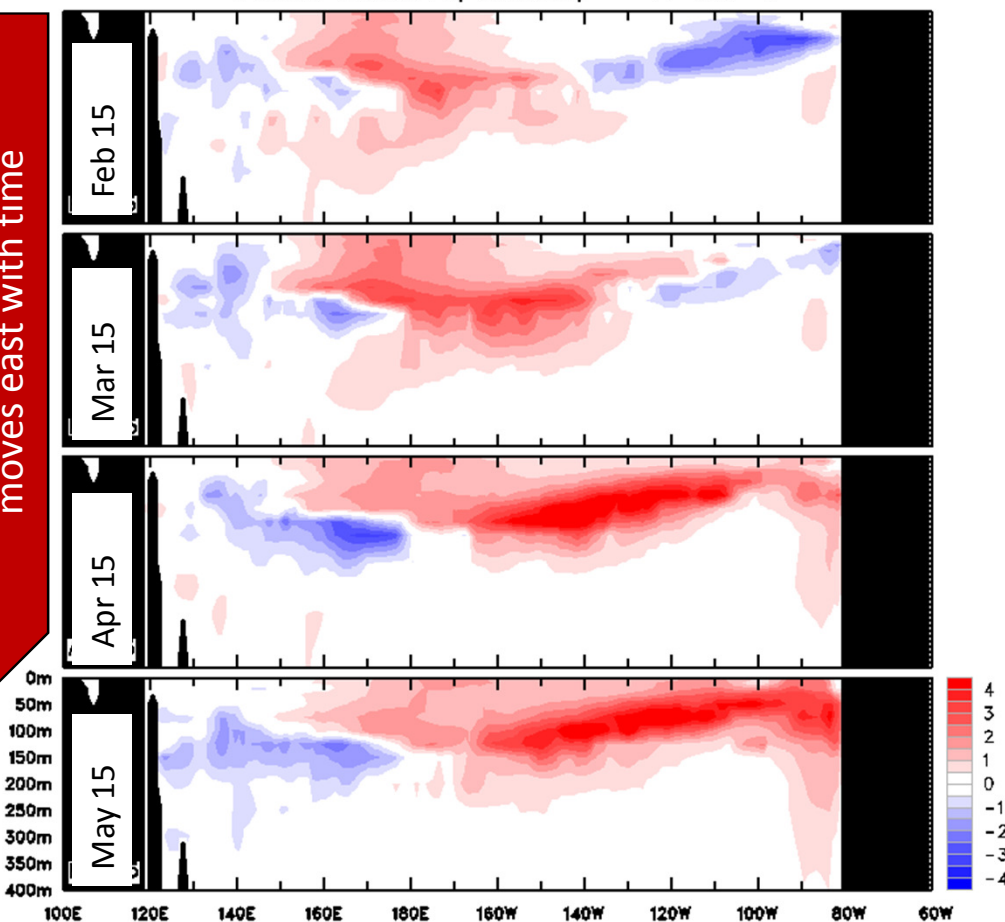
# El Niño: four-month sequences development and decay: sub-surface temperature

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## El Niño Development Phase

Pacific Ocean Eq Anomaly  $\Delta=0.5^\circ\text{C}$

Warmer than normal water  
moves east with time



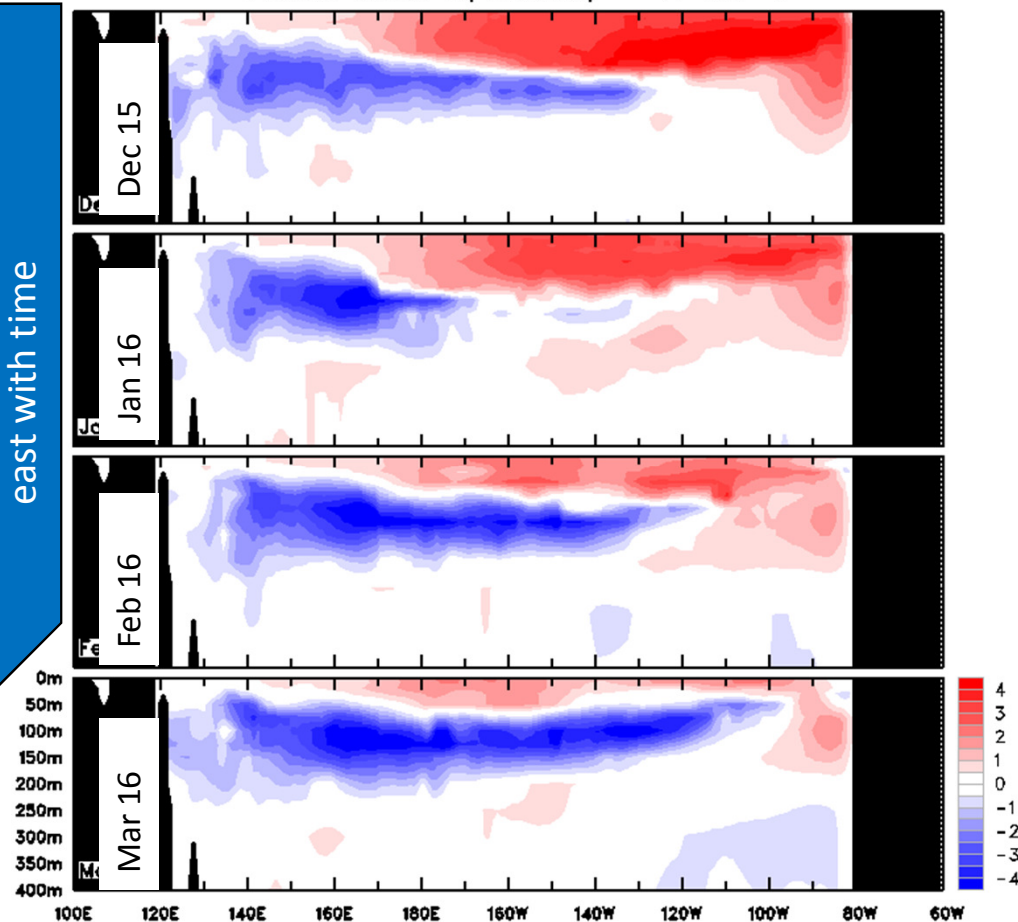
© Cor

Analysis done May 28 22:12

## El Niño Decay Phase

Pacific Ocean Eq Anomaly  $\Delta=0.5^\circ\text{C}$

Cooler waters upwell in the  
east with time



Analysis done Mar 31 22:20



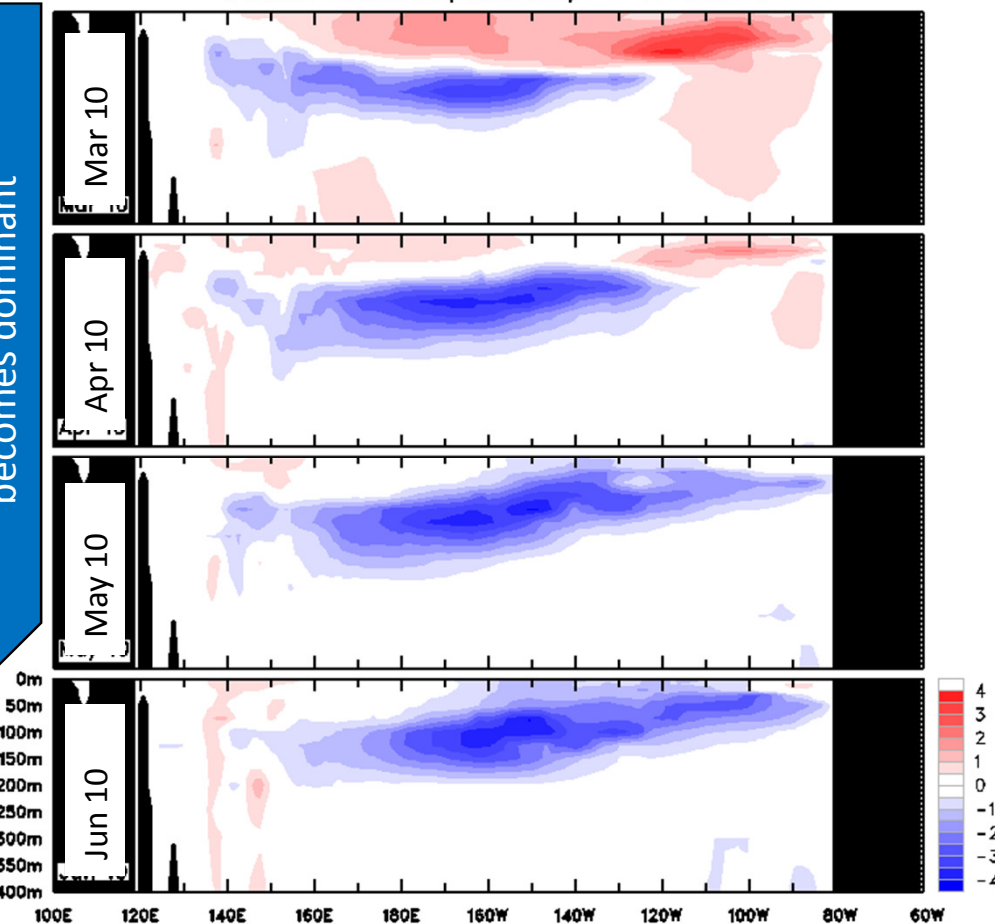
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# La Niña: four-month sequences, development and decay: sub-surface temperatures

## La Niña Development Phase

Pacific Ocean Eq Anomaly  $\Delta=0.5^\circ\text{C}$

Cooler than normal water  
becomes dominant



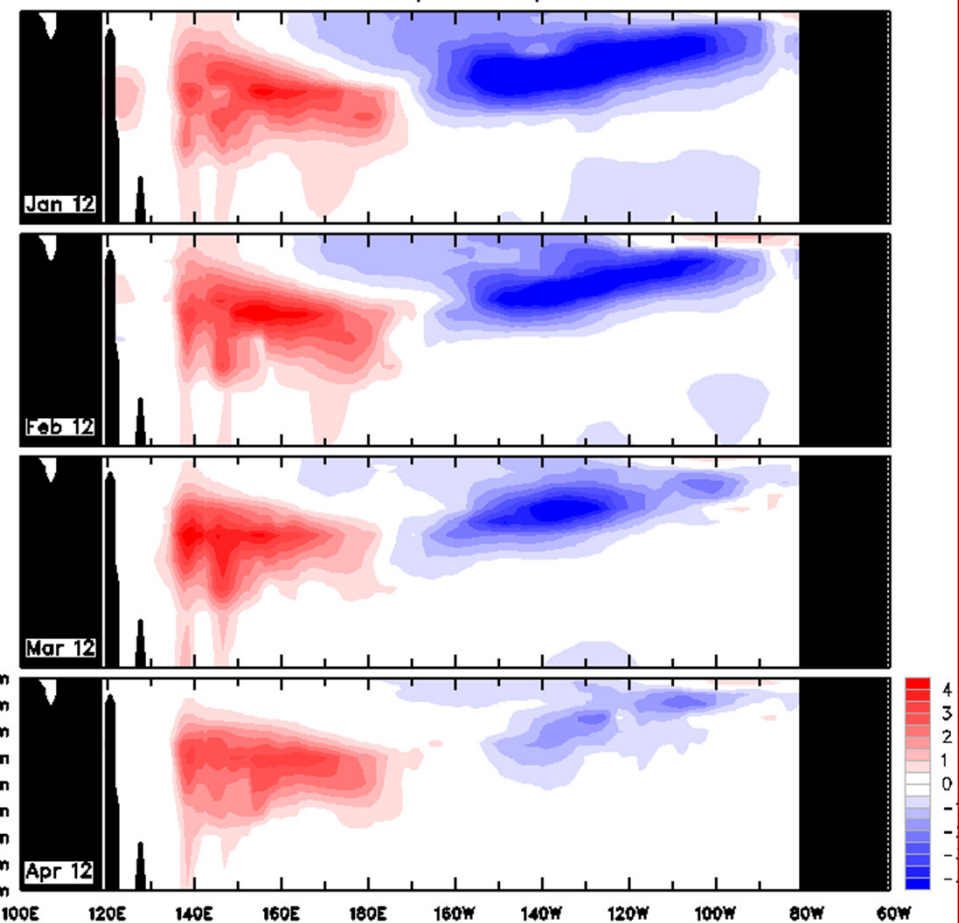
© Cor

Analysis done Jun 28 23:13

## La Niña Decay Phase

Pacific Ocean Eq Anomaly  $\Delta=0.5^\circ\text{C}$

Cooler than normal waters  
become less dominant in the east



Analysis done Apr 30 22:38



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# ENSO and Tropical Cyclones



**Cyclogenesis** requires Sea Surface Temperatures (SSTs) higher than 26.5°C

**Intensity** of cyclones linked to **higher SSTs**

**El Niño**: higher SSTs in Central Pacific, increased cyclogenesis in this region = Tropical Cyclones spread out



**La Niña**: cyclogenesis region pushed into Western Pacific due to lower SSTs in Central Pacific = Tropical Cyclones closer together

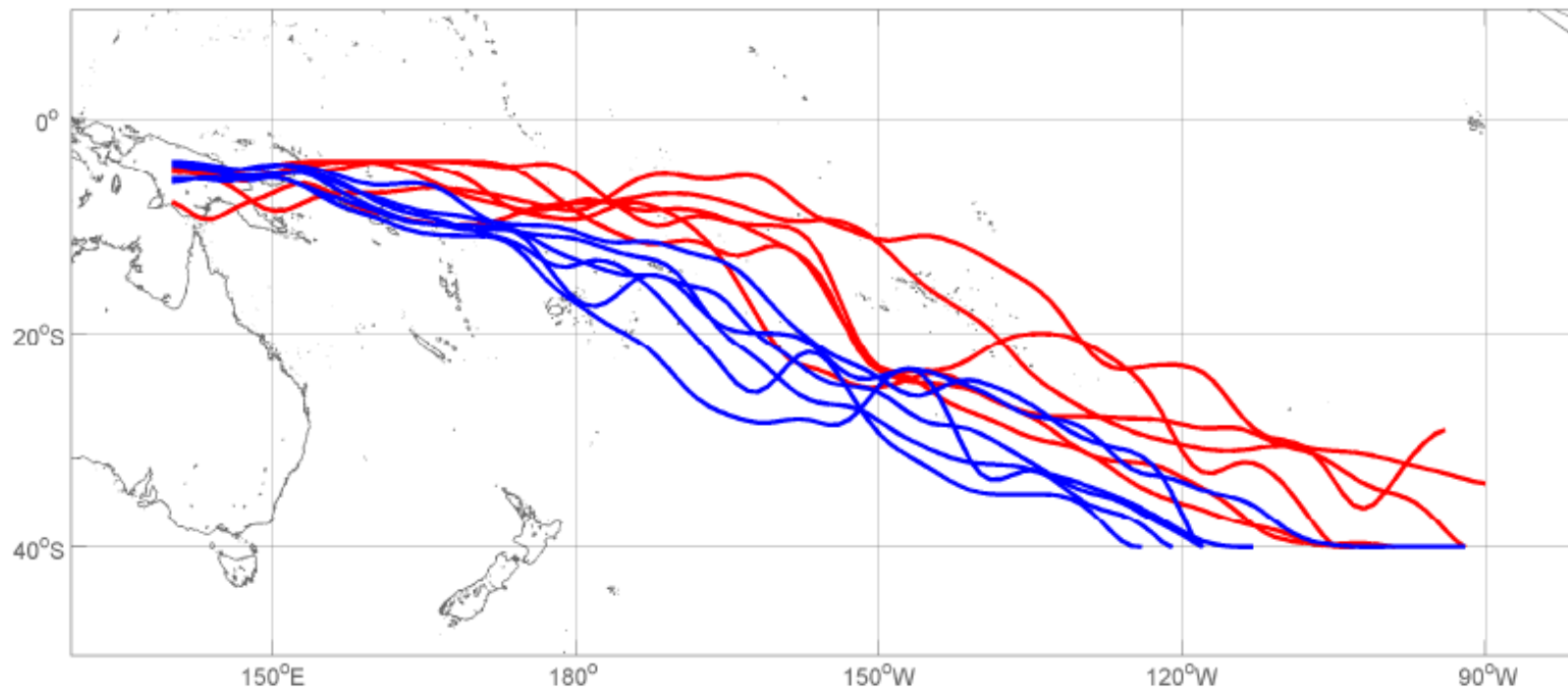




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# ENSO and the South Pacific Convergence Zone (SPCZ)

(from James Renwick & Brett Mullan, NIWA, N.Z.)



El Niño

La Niña

Shift in SPCZ position =  
large rainfall variability in  
affected countries



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# Tracking & Monitoring ENSO Summary

## El Niño:

- The Walker Circulation and trade winds **weaken**.
- Ocean temperatures become **warmer** than average in the central and eastern Pacific.
- The Southern Oscillation Index (SOI) remains **negative** for several consecutive months.
- Cloud and rainfall **increase** over the central and east Pacific.  
**Decreases** in the west - over Australia, Indonesia, Solomon Islands etc.

## La Niña:

- The Walker Circulation and trade winds **strengthen**.
- Ocean temperatures become **cooler** than average in the central and eastern Pacific.
- The Southern Oscillation Index (SOI) remains **positive** for several consecutive months.
- Cloud and rainfall **decrease** over the central and east Pacific.  
**Increases** in the west - over Australia, Indonesia, Solomon Islands etc.

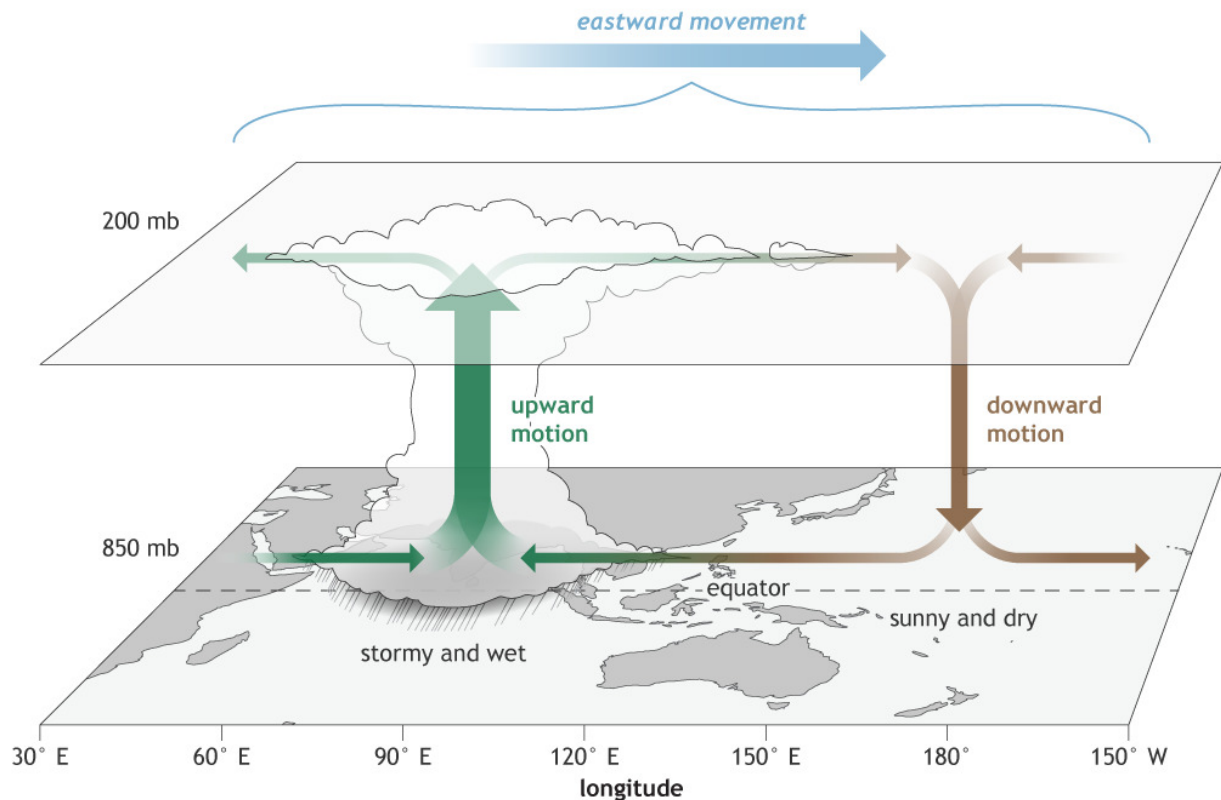
## Discussion questions

- Why are there multiple ways to track ENSO?
- What role do the trade winds have in sea surface temperatures and rainfall?
- How would you plan for a La Niña event?
- Would your country have more tropical cyclones during El Niño or La Niña?



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# The Madden-Julian Oscillation (MJO)



Madden-Julian Oscillation

NOAA Climate.gov

- Starts over western Indian Ocean and moves east over the western and central tropical Pacific.
- Features enhanced rainfall followed by a dry phase
- Cycle around the globe lasts 30–60 days
- **Brings active and break phases of the monsoon or wet season**
- **Increased chance of Tropical Cyclones**
- Winds from MJO can help El Niño development
- More active in southern summer/autumn



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# The Madden-Julian Oscillation (MJO)

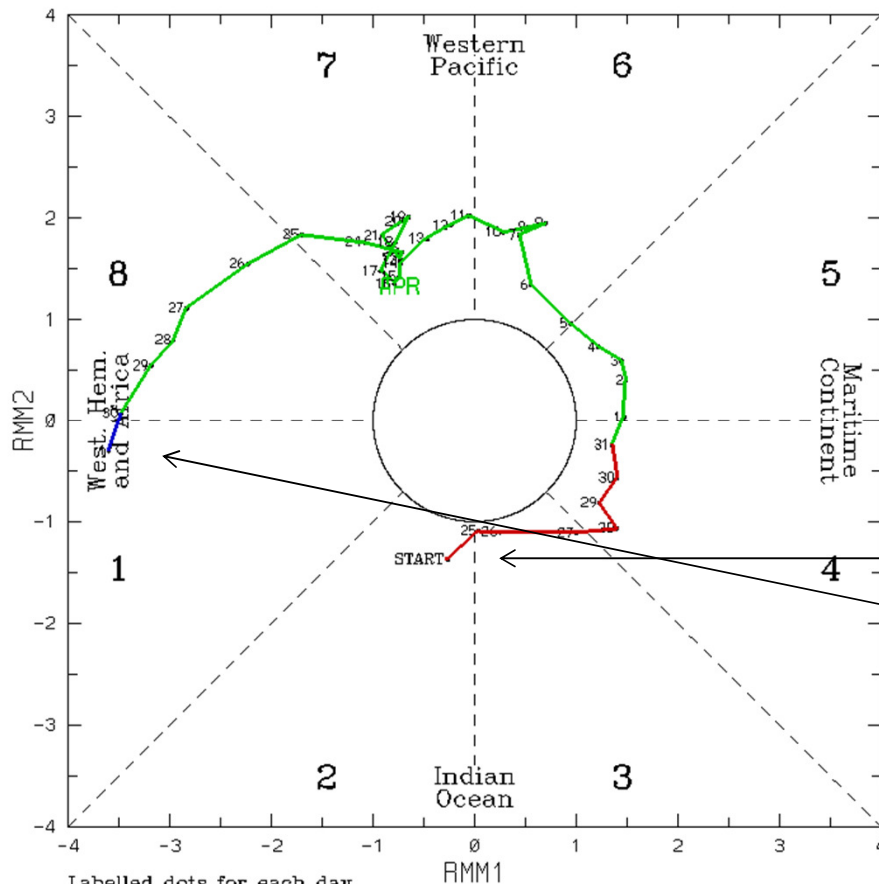






# Monitoring Madden-Julian Oscillation (MJO)

(RMM1, RMM2) phase space for 23-Mar-2021 to 1-May-2021



Labelled dots for each day.

Blue line is for May, green line is for Apr, red line is for Mar.

(C) Copyright Commonwealth of Australia 2021. Bureau of Meteorology  
2021

## MJO Phase Diagram – 40 days

- Uses wind and cloud observations
- Daily strength of wind and cloud are calculated and plotted as a point on diagram. The **small numbers** are the **dates**. **New colour** for **each month**.
- An **active** period of the MJO is when the points form an **anti-clockwise** spiral **outside** the centre circle.
- The centre circle represents a weak or non-existent MJO signal. This example is a weak MJO
- The edges of the diagram represents stronger MJO. This is an example of a strong MJO.

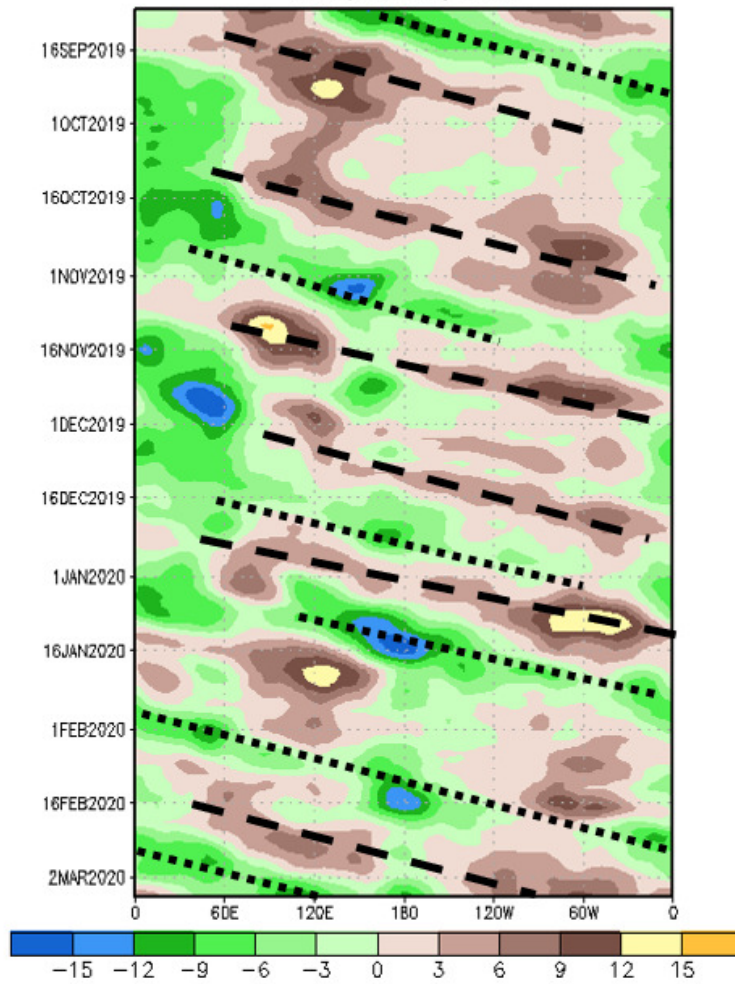


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# Monitoring the Madden-Julian Oscillation (MJO)

200-hPa Velocity Potential Anomaly: 5N-5S

5-day Running Mean



## MJO Time-Longitude Plot

**Brown**/Yellow = **less cloud** and rain than normal

**Green**/Blue = **more cloud** and rain than normal

Time runs down the page

Areas of high or suppressed convection move from west to east through time

**Dotted black** lines show the **propagation of active** (wet) phase of the MJO

**Dashed black** lines show the **propagation of inactive** (dry) phase of the MJO

200 hPa Velocity Potential is related to the amount of convergence or divergence high in the atmosphere





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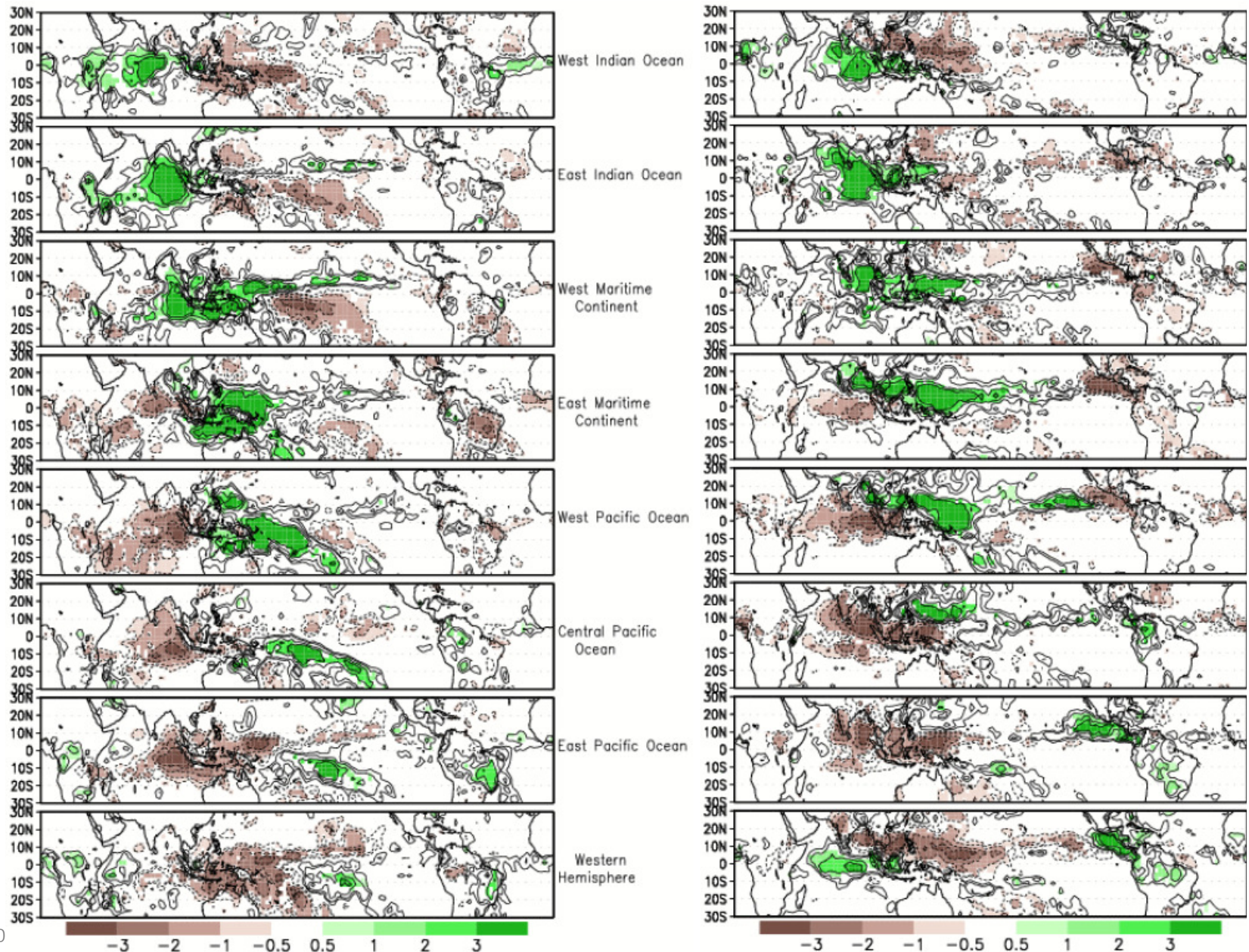
## MJO Phase Averages

Left: Nov-March

Right: May-Sept

Units: Rain  
mm/day

Areas of higher  
rainfall move east  
with areas  
suppressed  
rainfall following  
behind



Phase  
2

3

4

5

6

7

8

1



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# Madden-Julian Oscillation (MJO) summary

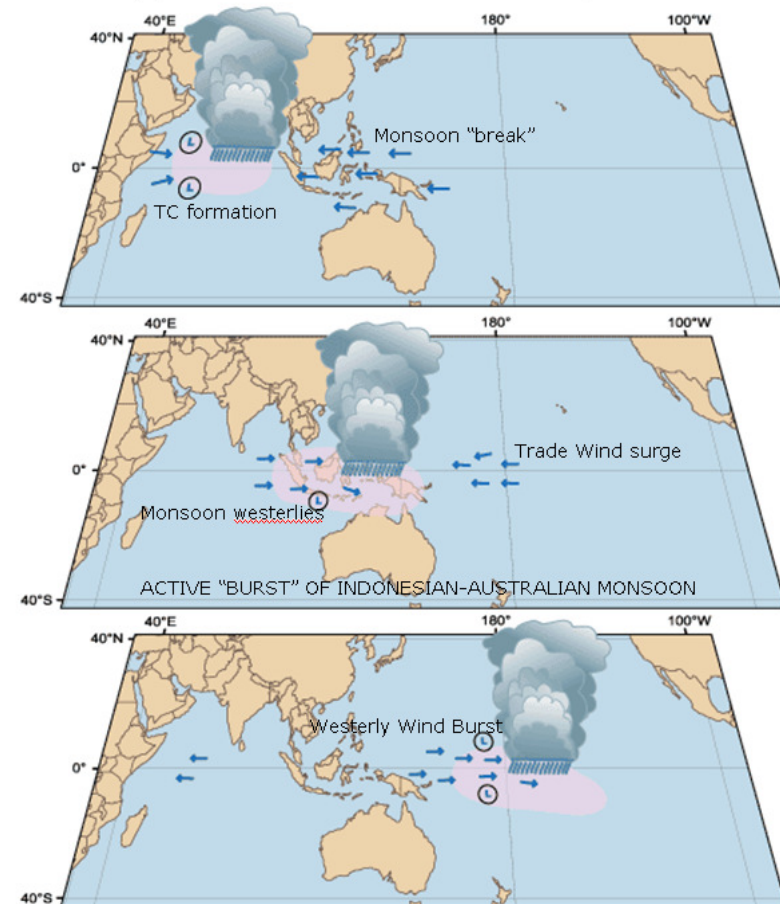
## Topics covered

- MJO moves from west to east around tropics
- MJO has a 30-60 day cycle
- Tracking MJO with phase diagram

## Discussion questions

- How can the position and strength of the MJO affect tropical rainfall?

## Approximate 1 month sequence





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# Indian Ocean Dipole (East Timor and PNG)

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INDY







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# Pacific climate module summary

- El Niño Southern Oscillation (ENSO)
  - Sea surface temperatures
  - Rainfall
  - Tracking
  - ENSO and Tropical Cyclones
  - ENSO and (SPCZ)
- Madden-Julian Oscillation (MJO)
  - Monitoring MJO
  - MJO Phases
- Indian Ocean Dipole (IOD)
  - Brief outline

